

Cost
\$69/session

Quest Fitness Swim Lessons

6 week session

WATER BABIES

Parent/child swim lessons

AGES 6 months – 3 years

WHEN: Saturdays,
Session 1: September 14 – October 19
Session 2: November 2 – December 14 (no class 11/30)
Session 3: January 4 – February 8
Session 4: March 7 – April 11
Session 5: May 2 – June 6
TIMES: 9:00 am – 9:30 am

Parent participation in the pool is required.

In this parent and child class, the goal is to make your child feel comfortable in the water. They will learn how to play safely in and around the water, how to perform basic strokes and how to demonstrate correct body position in the water.

Max: 15/class

PARENT/CHILD PRESCHOOL SWIM

WHEN: Saturdays,
Session 1: September 14 – October 19
Session 2: November 2 – December 14 (no class 11/30)
Session 3: January 4 – February 8
Session 4: March 7 – April 11
Session 5: May 2 – June 6
TIMES: 10:45 am – 11:15 am

AGES 2 - 5

Parent participation in the pool is required.

This parent and child class will focus on teaching the children independence in the water, and will develop the skills featured in the preschool class but with parental support. Students will work to use a bubble and begin to swim, at least short distances, independently. *Max: 8/class*

PRESCHOOL SWIM A

Class 1

AGES 3 - 5

WHEN: Tuesdays,
Session 1: September 10 – October 15
Session 2: November 5 – December 10
Session 3: January 7 – February 11
Session 4: March 3 – April 7
Session 5: April 28 – June 2
TIMES: 4:00 pm – 4:30 pm

Class 2

WHEN: Saturdays,
Session 1: September 14 – October 19
Session 2: November 2 – December 14 (no class 11/30)
Session 3: January 4 – February 8
Session 4: March 7 – April 11
Session 5: May 2 – June 6
TIMES: 9:30 am – 10:00 am

This class is geared towards students who are experiencing their first class without a parent in the water with them, or perhaps their first swimming class ever. Students might still have a fear of the water, or may not yet be able to get their face wet. Students in this class most often swim with 3 or 4 bubbles. *Max: 5/class*

PRESCHOOL SWIM B

Class 1

AGES 3 - 5

WHEN: Tuesdays,
Session 1: September 10 – October 15
Session 2: November 5 – December 10
Session 3: January 7 – February 11
Session 4: March 3 – April 7
Session 5: April 28 – June 2
TIMES: 4:00 pm – 4:30 pm

Class 2

WHEN: Saturdays,
Session 1: September 14 – October 19
Session 2: November 2 – December 14 (no class 11/30)
Session 3: January 4 – February 8
Session 4: March 7 – April 11
Session 5: May 2 – June 6
TIMES: 9:30 am – 10:00 am

This class is the middle level of preschool, where students are comfortable being in the water, but are still working towards a horizontal body position in the water. Students should be comfortable getting their face wet, and are on their way to performing the correct arm movements in the water. Students in this class most often swim with 2 or 3 bubbles.

Max: 5/class

PRESCHOOL SWIM C

Class 1

AGES 3 - 5

WHEN: Tuesdays,
Session 1: September 10 – October 15
Session 2: November 5 – December 10
Session 3: January 7 – February 11
Session 4: March 3 – April 7
Session 5: April 28 – June 2
TIMES: 4:00 pm – 4:30 pm

Class 2

WHEN: Saturdays,
Session 1: September 14 – October 19
Session 2: November 2 – December 14 (no class 11/30)
Session 3: January 4 – February 8
Session 4: March 7 – April 11
Session 5: May 2 – June 6
TIMES: 9:30 am – 10:00 am

This class is the highest level for children ages 3-5. In this class students will be working towards being completely independent in the water both on their back and on their front. We will work on front crawl arm strokes, back floating and back swimming, among many other things. Students at this level should be comfortable with putting their faces in the water. Students in this class often use 1 or 0 bubbles.

Max: 5/class

**ALL SWIM CLASSES
ARE CONTRACTUAL**

Cost
\$69/session

Quest Fitness Swim Lessons

6 week session

BEGINNER LESSONS A

Class 1

AGES 6 - 14

WHEN: Tuesdays,
Session 1: September 10 – October 15
Session 2: November 5 – December 10
Session 3: January 7 – February 11
Session 4: March 3 – April 7
Session 5: April 28 – June 2
TIMES: 4:30 pm – 5:15 pm

Class 2

WHEN: Saturdays,
Session 1: September 14 – October 19
Session 2: November 2 – December 14 (no class 11/30)
Session 3: January 4 – February 8
Session 4: March 7 – April 11
Session 5: May 2 – June 6
TIMES: 10:00 am – 10:45 am

This class is geared towards inexperienced swimmers who might not yet be able to swim independently on their front or back. Students are not yet required to put their face in the water at this level. In this class students will be working towards independence in the water and will be introduced to basic strokes such as freestyle and backstroke. Students will also begin using swim tools such as kick boards, barbells and should come prepared with goggles to every class.

Max: 5/class

BEGINNER LESSONS B

Class 1

AGES 6 - 14

WHEN: Tuesdays,
Session 1: September 10 – October 15
Session 2: November 5 – December 10
Session 3: January 7 – February 11
Session 4: March 3 – April 7
Session 5: April 28 – June 2
TIMES: 4:30 pm – 5:15 pm

Class 2

WHEN: Saturdays,
Session 1: September 14 – October 19
Session 2: November 2 – December 14 (no class 11/30)
Session 3: January 4 – February 8
Session 4: March 7 – April 11
Session 5: May 2 – June 6
TIMES: 10:00 am – 10:45 am

This class is for students who have mastered the basic techniques of freestyle and backstroke and are ready for more specific, technical instruction. We will focus on more advanced concepts such as rotary breathing and will use tools such as kickboards & barbells during this class.

Students will also begin learning breaststroke and elementary backstroke by the end of the session. In this class, students are expected to be able to swim the width of the pool (about 10 yards) independently upon entrance of this class. *Max: 5/class*

INTERMEDIATE LESSONS

Class 1

AGES 6 - 14

WHEN: Tuesdays,
Session 1: September 10 – October 15
Session 2: November 5 – December 10
Session 3: January 7 – February 11
Session 4: March 3 – April 7
Session 5: April 28 – June 2
TIMES: 5:15 pm – 6:15 pm

Class 2

WHEN: Saturdays,
Session 1: September 14 – October 19
Session 2: November 2 – December 14 (no class 11/30)
Session 3: January 4 – February 8
Session 4: March 7 – April 11
Session 5: May 2 – June 6
TIMES: 10:00 am – 11:00 am

This class will push student's endurance level that much further as they master freestyle, backstroke, breaststroke and elementary backstroke to an extent that will allow them to swim laps at a time. Students will work towards perfecting their streamline starts, and will begin learning sidestroke as well. This class will continue to focus on the technical aspects of all of these things. *Max: 4/class*

ADVANCED LESSONS

Class 1

AGES 6 - 14

WHEN: Tuesdays,
Session 1: September 10 – October 15
Session 2: November 5 – December 10
Session 3: January 7 – February 11
Session 4: March 3 – April 7
Session 5: April 28 – June 2
TIMES: 5:15 pm – 6:15 pm

Class 2

WHEN: Saturdays,
Session 1: September 14 – October 19
Session 2: November 2 – December 14 (no class 11/30)
Session 3: January 4 – February 8
Session 4: March 7 – April 11
Session 5: May 2 – June 6
TIMES: 11:00 am – 12:00 pm

This class will focus on the refinement of all strokes. Students will perfect their flip turns, and will work to master the butterfly stroke. Students are expected to demonstrate strokes such as freestyle, backstroke and breaststroke via multiple laps at a time in the pool upon entrance to this class. This class will work students towards swimming with more ease, efficiency, power and smoothness over greater distances. This is a great preparatory class for those interested in joining a swim team!

Max: 4/class

**ALL SWIM CLASSES
ARE CONTRACTUAL**

Table Tennis Club

Grades 3 - 5 (4 weeks)

WHEN: Fridays, January 17 - February 7
WHERE: Town Hall Auditorium
TIME: 2:45 pm - 4:15 pm
COST: \$39/participant

Come and be part of the Kennebunk Parks & Recreation **Table Tennis Club!** Players will enjoy dynamic warm up games, practice drills, game play and practice sessions with our table tennis robot! Players must bring their own paddle. Pick up from Sea Road School is included in this program. Parents please pick up your child at the Town Hall Auditorium. **Min: 6 Max: 12**

Get Air/Urban Air Club

GRADES 3 - 5 (3 weeks) CONTRACTUAL

WHEN: Wednesdays,
Session 1: January 15 - January 29 (Get Air)
Session 2: February 26 - March 11 (Urban Air)
WHERE: Parent Pick Up: Youth Community Center
TIME: 2:45 pm - 5:30 pm
COST: \$75/participant

After pick up at Sea Road School, the group will head to their trampoline park location. The group will jump for an hour and travel back to the Youth Community Center. This is a great opportunity for the kids to stay active in the winter time. Parents please pick up your child at the Youth Community Center. **Min: 6 Max: 13 per session**

Nerf Night

Grades 1 - 5

WHEN: Mondays,
Session 1: October 21
NEW RAFFLE TOY EACH SESSION!!
CONTRACTUAL *Session 2:* November 18
Session 3: December 16

WHERE: Kennebunk Town Hall Auditorium
TIMES: 6:30 pm - 8:00 pm
COST: \$20/participant per session
COORDINATOR: Daniel Peacock

Are you crazy for Nerf? Is Mom yelling at you for shooting darts in the house? Well, this will be an activity you don't want to miss! We will set up walls & barriers for team battles and organize contests. Events include; Capture the Flag, Last Person Standing, target practice, contests for accuracy/distance...and more! Parents are welcome to observe from the stage (if you dare!) We will provide the darts and supervision. **You must bring your own NERF toy that accepts standard NERF darts, EYE PROTECTION (goggles/sun glasses) & water.**
Min: 8 Max: 32 per session

Mad Science

Grades K - 5 (8 weeks)

WHEN: Thursdays,
Session 1: Oct 3 - Nov 21 CONTRACTUAL
 "Secret Agent Lab"
Session 2: Jan 23 - March 19 (no class 2/20)
 "Energize It"
Session 3: April 9 - June 4 (no class 4/23)
 "Brixology"
WHERE: Kennebunk Elementary School-Learning Lab
TIME: 3:00 pm - 4:00 pm
COST: \$96/participant per session

Mad Science interactive programs are created around particular areas of science and include such topics as rocketry, magnets, polymers and even the science of toys. Their spectacular demonstrations, hands-on activities and real world discussions make learning about science fun for kids!
Min: 12 Max: 20 per session

Coed Kickball Club

Grades 3 - 5 (4 weeks)

WHEN: Wednesdays, October 9 - October 30
WHERE: Sea Road School
TIMES: 2:45 pm - 4:30 pm
COST: \$29/participant
COORDINATOR: Daniel Peacock

What kid doesn't wish recess was a little bit longer? Join us for this after school program where we will divide everyone into teams and enjoy some good old fashion KICKBALL! This exciting program is sure to be filled with off the wall fun for everyone! **Min: 8 Max: 20**

Build-A-Bike

- REGISTRATION IS CURRENTLY ONGOING -

Grades 6 - 8 (8 weeks)

WHEN: Mondays, Sept 9 - Nov 4 (no class 10/14)
WHERE: Community Bike Center - Biddeford
TIMES: 2:00 pm - 5:15 pm
COST: \$160/participant; includes transportation from MSK to the Community Bike Center, 16 hours of tuition with a bike mechanic, **& a fixed up bike to take home after the 8 week program!**

CONTRACTUAL

This is a beginners bicycle mechanic course that serves as an introduction to fixing bicycles, using tools, and safety topics that relate to bicycling. The objective of this 8-week course is that each participant will be able to troubleshoot common problems with bicycles, become more confident with tools, troubleshooting and repairs and bicycle safety. Parents please pick up your child at the Middle School of the Kennebunks.
Min: 8 Max: 13

Mornings

TIMES: 6:55 am - 7:55 am (when school is in session)
WHERE: Kennebunk Elementary School
WHEN: RSU 21 School Calendar
COST: \$15 non-refundable registration fee to join the program (prior registration is required, no drops in allowed)

Cost Per Child Per Day

- 1-Day/Week:** \$7/participant per day
- 2-Days/Week:** \$14/child per week
- 3-Days/Week:** \$21/child per week
- 4-Days/Week:** \$28/child per week
- 5-Days/Week:** \$35/child per week

This before school program allows parents to drop off children at the KES cafeteria early so that they can get to work on time. Children use this time for getting some morning energy out in the gym, playing games or using building toys with friends, or simply color or read a book. Students in grades 3 - 5 who attend this program are bused to Sea Road School each day.

Afternoons*

TIMES: 2:45 pm - 5:30 pm (when school is in session)
WHERE: Kennebunk Elementary School
WHEN: RSU 21 School Calendar
COST:

**The afternoon program currently has a waitlist, please call the office to be added to the list.*

Cost Per Month Per Child
(Multi Child Discounts Available)

- 2-Day:** \$87/child per month
- 3-Day:** \$123/child per month
- 4-Day:** \$159/child per month
- 5-Day:** \$195/child per month

The primary goal of our program is to provide children in Grades Pre-K - 5 with a safe and enjoyable environment after school while their parents are still at work. Each afternoon participants will be given the opportunity to have quiet homework time as well as take part in outdoor and indoor play from organized games to creating or building projects. ****Contact the office for availability at 604-1335.**** The prior year's participants are allowed pre-registration each year before the program is offered to the public. We do accept a waiting list for this program. **No programs will be held on the last day of school.**

Just For Kids Club Afternoon Registration & Discount Information

You must register in the Kennebunk Parks & Recreation Department Office for this program.

Last month's payment is due at registration with first month's payment due by August 26.

We offer a discount for parents with two or more children in the program! For those with a second child in the program there will be a **discount of 10% for the second child**. For those with a third child in the program there will be a **discount of 20% for the third child**. **Parents must schedule** the same specific days of the week they will need for the entire school year. For instance if you are scheduled for Mondays and Tuesdays, your child can not attend any other day of the week. Please understand that schedule changes can only be made if there is space in the program to accommodate the request. **Due to the administrative processing time and expense associated with any changes made, there will be a \$10 handling charge added to your account per each change occurrence per child that must be paid at the time the change request is offered by this department in order for the change to take effect.**

Half & Full Day Trips

SEPT 11

WHERE: Carnival Day, Kennebunk
COST: \$30/includes inflatable games, bounce house & ice cream sundaes

OCT 2

WHERE: Cornmaze & Pumpkin Patch, Dayton
COST: \$30/includes maze, pumpkin, hayride, jumping pillow, snack & drink

OCT 11

WHERE: Spare Time & Movies (FULL DAY TRIP)
COST: \$45/includes bowling, laser tag, arcade pass, movie, lunch & drink (MOVIE TBA)

NOV 6

WHERE: Smitty's Cinema, Biddeford
COST: \$30/includes admission, popcorn & drink (MOVIE TBA)

DEC 4

WHERE: Seacoast Sports Club, Portsmouth
COST: \$30/includes a variety of games with Seacoast Staff, snack & drink

JAN 8

WHERE: Jokers, Westbrook
COST: \$30/includes \$5 tokens, playhouse, choice of laser tag or 3 rides, snack & drink (wear clothing with safe pockets)

FEB 5

WHERE: Smitty's Cinema, Biddeford
COST: \$30/includes admission, popcorn & drink (MOVIE TBA)

MAR 4

WHERE: Happy Wheels, Portland, ME
COST: \$30/includes admission, snack, drink & choice of roller skates or in-line skates

APR 1

WHERE: Saco Sports Zone, Saco
COST: \$30/includes inflatables, sports fun, snack & drink

MAY 6

WHERE: Jokers, Westbrook
COST: \$30/includes \$5 tokens, playhouse, choice of laser tag or 3 rides, snack & drink (wear clothing with safe pockets)

JUNE 3

WHERE: Wonder Mountain Mini Golf & Human Maze
COST: \$35/participant includes \$3 arcade tokens, ice cream & drink

TIMES:

***HALF DAY:** 12:00 pm - 4:15 pm (We will pick up kids at KES & SRS)
***FULL DAY:** 8:15 am - 4:15 pm (Drop off at KES)
***PARENT PICK UP WILL BE AT KES.**

Tennis Club

- REGISTRATION IS CURRENTLY ONGOING -

Grades 3 - 5 (4 weeks)

Fall Tennis

WHEN: Fridays, September 13 - October 4
WHERE: Parsons Field Tennis Courts
TIMES: 2:45 pm - 4:15 pm
COST: \$35/participant

COORDINATOR: Ryan French

Come and be part of the Kennebunk Parks & Recreation Tennis Club! Players will enjoy dynamic warm up games, practice drills, game play and much more! **Players must bring their own racket and court shoes.** Pick up from Sea Road School is included in this program. Parents please pick up your child at the Parsons Field Tennis Courts. Please visit our website for cancellation announcements due to inclement weather. *Min: 6 Max: 13*

Basketball Bonanza

- REGISTRATION IS CURRENTLY ONGOING -

Grades K & 1 (5 weeks)

WHEN: Wednesdays, September 25 - October 30 (no program 10/2)
WHERE: Kennebunk Elementary School Gym
TIMES: 2:45 pm - 4:15 pm
COST: \$25/participant



This 5 week program is for participants in Grades K & 1. Players will participate in a variety of instructional and fun games to improve their understanding of basketball. The goal of basketball bonanza is to get the players running around, interacting with friends and planting a seed for the love of the game! **Participants must wear sneakers. All ability levels are welcome to participate in basketball bonanza.**

Spring Field Hockey

Practice Club

Grades 3 - 5 (4 weeks)

WHEN: Thursdays, May 14 - June 4
WHERE: Sea Road School Field
TIMES: 2:45 pm - 4:15 pm
COST: \$40/participant

COORDINATOR: Ryan French

Players will be supported to learn FUNdamentals of the game and play small sided games. Players must wear mouth guard, shin guards & eye protection. Players must also bring their own field hockey stick.

Min: 6 Max: 13

KAK Basketball



Basketball Babes

Ages 3 & 4 (6 weeks)

WHEN: Saturdays, Jan 4 - Feb 8 - Deadline: Jan 2
WHERE: Varies
TIMES: 8:30 am - 9:00 am
COST: \$25/participant; includes t-shirt

Intro to Basketball "Kinderball"

Grade K (6 weeks)

WHEN: Saturdays,
Session 1: Nov 9 - Dec 21 - Deadline: Oct 24 (no program 11/30)
Session 2: Jan 4 - Feb 8 - Deadline: Jan 2
WHERE: Varies
TIMES: 9:00 am - 9:45 am
COST: \$45/participant; *\$75 when you sign up for both!
*Discount Deadline: Jan 2

Hoop Stars Basketball

Boys & Girls Divisions

Grades 1 & 2 (6 weeks)

WHEN: Saturdays,
Session 1: Nov 9 - Dec 21 - Deadline: Oct 24 (no program 11/30)
Session 2: Jan 4 - Feb 8 - Deadline: Jan 2
WHERE: Varies
TIMES: Boys: 9:45 am - 10:45 am OR 10:45 am - 11:45 am
Girls: 11:45 am - 12:45 pm
COST: \$45/participant; *\$75 when you sign up for both!
*Discount Deadline: Jan 2

Youth Basketball League

Boys & Girls Divisions

Grades 3 - 6

WHEN: Practices will begin week of Nov 11 - TBD
Games Saturdays, Nov 16 - Jan 11 (no program 11/30)
Registration Deadline - Nov 24
WHERE: Varies
TIMES: Practice days and times will be determined by your child's coach & gym availability
Games TBD
COST: \$55/participant; includes reversible game tank
We will do our best to accommodate all players and their schedules so they can participate. However, if a player would like to drop out due to not being able to attend their teams practices due to a scheduling conflict, a refund will be issued.
Please be aware that participants must sign up with the Town's Recreation Department in which they reside. Those who don't live in Kennebunk, Kennebunkport or Arundel can register with any of the three departments.

Youth & Teen

Francesca Lucia Crafts

- REGISTRATION IS CURRENTLY ONGOING -

Grades 2 - 4 (5 weeks)

CONTRACTUAL

Let's Create A Bird Garden

WHEN: Thursdays, September 12 - October 10
WHERE: Kennebunk Elementary School
TIMES: 2:45 pm - 4:00 pm
COST: \$55/participant



INSTRUCTOR: Dr. Bette Kersting Bell

Students will create useful crafts that will be brought home to share with the birds. Activity examples are a variety of bird feeders, a nesting bag, and a garden stepping stone. We will also learn to design and doodle ocean rocks. All materials included. Let's create for useful's sake!

Let's Create A Spa Space

WHEN: Thursdays, October 17 - November 14
WHERE: Kennebunk Elementary School
TIMES: 2:45 pm - 4:00 pm
COST: \$55/participant

INSTRUCTOR: Dr. Bette Kersting Bell

Students will create useful crafts that will be brought home to use during bath time. Activity examples are a poured candle, a hand dipped candle, lip balm, skin scrub, and a bath fizz. All materials included. Let's create for useful's sake! *Min: 2 Max: 12 per session*

Francesca Lucia Knitting

- REGISTRATION IS CURRENTLY ONGOING -

Grades 2 - 4 (5 weeks)

CONTRACTUAL

We Will Knit!

WHEN: Fridays, September 13 - October 18
(no program 10/11)
WHERE: Kennebunk Elementary School
TIMES: 2:45 pm - 4:00 pm
COST: \$55/participant



INSTRUCTOR: Dr. Bette Kersting Bell

While learning this lifelong skill, students will make a coaster. Depending upon ability, students will also have the opportunity to choose to create a dish cloth, phone case, and/or a scrubby. All materials included. Let's create for useful's sake!

We Will Cross Stitch!

WHEN: Fridays, October 25 - November 22
WHERE: Kennebunk Elementary School
TIMES: 2:45 pm - 4:00 pm
COST: \$55/participant

INSTRUCTOR: Dr. Bette Kersting Bell

While learning this lifelong skill, students will make a one color counted cross stitch design such as a heart, fish or tulip petals. Depending upon ability, students will also have the opportunity to choose to create their name, outline their design, and/or use two colors. All materials included. Let's create for useful's sake! *Min: 2 Max: 12 per session*

Chess/Checkers Club

Grades 1 & 2 (4 weeks)

WHEN: Tuesdays, November 5 - November 26
WHERE: Kennebunk Elementary School
TIMES: 2:45 pm - 4:00 pm
COST: \$39/participant
COORDINATOR: Ryan French

Chess/Checkers Club will introduce participants to the game of chess and checkers and give them the opportunity to play against other participants. This club is perfect for new players and beginners.

Min: 6 Max: 13

INTERESTED IN VOLUNTEERING?

Volunteers are essential to this department.

They enable us to provide a much larger program format at a considerable savings to the community. Volunteers in turn receive hours of enjoyment in an activity or program in which they have a strong interest. The department is always looking for more volunteers for special events & field trips, to set up programs, or for a program they might like to start. Please help us set up a volunteer list by contacting the department and then by giving a few hours of your time to a very worthwhile program or activity. Please be advised all volunteers must fill out a volunteer application before being considered to volunteer for any program.

Ultimate Frisbee Club

Grades 3 - 5 (4 weeks)

WHEN: Wednesdays, November 13 - December 18
(no program 11/27 & 12/4)
WHERE: Sea Road School Gym
TIMES: 2:45 pm - 4:15 pm
COST: \$39/participant
COORDINATOR: Ryan French



Combining the non-stop movement and athletic endurance of soccer with the aerial passing skills of football, a game of ultimate is played by two teams with a flying disc on a field with end zones, similar to football. The object of the game is to score by catching a pass in the opponent's end zone. Come and enjoy some ultimate frisbee with Kennebunk Parks & Recreation!

Min: 6 Max: 12

Youth & Teen

Shawnee Peak

Tuesday Night Ski

Grades 4 - 8 (5 weeks), Min: 30 Max: 80

WHEN: Tuesdays, Jan 14, 21, 28 & Feb 4 & 11
(Please be aware that program and makeup dates may change. We will notify you via e-mail if this occurs)

Make-up Dates: TBD CONTRACTUAL

WHERE: Shawnee Peak, Bridgton

TIMES: **6-8 Graders** picked up at 2:10 pm at MSK
4-5 Graders picked up at 3:00 pm at Sea Rd
Bus Returns to Sea Road School at 9:15 pm

PRICING FOR THIS PROGRAM WILL BE ANNOUNCED IN OCTOBER 2019!

PROGRAM OPTIONS:

- Lift Ticket Only
- Lift Ticket & Ski or Board Rental
- Lift Ticket & Lesson
- Lift Ticket, Lesson & Ski or Board Rental
- Helmet Rental

All program options include transportation

****Helmets are required****

The program offers transportation from school to the mountain, a lift ticket, and transportation home (to Sea Road School). There is limited supervision from the program leader and our ski volunteers will be on the mountain to keep an eye on the group. Please be advised that we do not provide chaperones to ski with each child, so we strongly advise that your child not participate unless they have another person to ski with (participants must be with one other participant when skiing). Please also be aware that 4 & 5 graders will be sitting together on the bus and will not be sitting with 7 & 8 graders. If you are interested in being a volunteer chaperone, please email Ryan French,

rfrench@kennebunkmaine.us. **LIABILITY WAIVERS MUST BE COMPLETED & RETURNED TO KENNEBUNK PARKS & RECREATION BEFORE THE SCHEDULED START DATE.**

PROGRAM PROPOSALS

If you have a special skill or talent that you would like to share with the community, the Kennebunk Parks and Recreation Department encourages you to submit a program or trip proposal to our office for consideration. Future programming ideas include, but are not limited to: rocketry, video & movie making, adult enrichment, sporting events, music, dance, etc.

Babysitting Courses

Grades 6 - 8

WHEN: Wednesday & Thursday,
Session 1: October 9 & 10
Session 2: January 15 & 16
Session 3: March 18 & 19
Session 4: May 20 & 21
Session 5: June 10 & 11

WHERE: Kennebunk Town Hall, Room 306

TIMES: 2:30 pm – 4:30 pm (both days)

COST: \$38/session

INSTRUCTOR: Kyle Barrett

Topics Covered: Child development, home safety, child/infant CPR, basic first aid and more. Successful participants will receive a course completion certificate. **Min: 6 Max: 10 per session**

First LEGO® League Robotics

The 2019-2020 First Lego League season is almost upon us. Over the years, Kennebunk has made a name for itself in this wonderful, friendly competition that supports young people ages 9-14 in teamwork, building, researching, problem solving and programming. This year's theme is City Shaper, which you can find more detailed information on at:

<https://www.firstinspires.org/robotics/fll/challenge-and-season-info>

PLEASE NOTE: The company that acts as Maine's state representation in FLL has changed. Robotics in Maine (RIT) will be handling Maine State coordination of any qualifying events and the state competition. They are new to this and are still in the planning process. That being said, we cannot yet offer information on dates or locations of events or give a cost per participant. As soon as we find out these decisions have been made, we will inform you.

When participating in this program, students can expect to gain experience building multi-functional robots while using EV3 Mindstorms programming. That being said, there is much more to this program than Lego Robotics. Kids will be expected to work collaboratively within a team of 6, with two adult overseers. In addition to solving complex missions with their robots, students will work as a team to identify a problem related to space exploration, research, brainstorm possible ideas, choose a strong solution, and present a final project together through a variety of possible methods.

Practices will be held at Sea Road School and will vary in time depending on the team in which they are placed. Teams may and have proceeded beyond the state meet, but the Parks & Recreation Department's season ends with the state meet. When you sign up, please include a note of days that would not work for your child and we will try to accommodate. If you have any questions please contact **Matt Jackins at mjackins@rsu21.net**.

We look forward to another great season!

A student maximum will be set as soon as we know our number of coaches. If you are interested in coaching, or simply want information on coaching requirements, please contact Matt Jackins. We can only take as many kids as we have coaches for.

Teen & Adult

Over 50 Spring/Summer Softball League

Don't forget to join us for another FUN season! Spring/Summer Coed Softball League starts spring 2020. FMI Contact: Daniel Peacock
dpeacock@kennebunkmaine.us or 207-604-1313.

Adult Table Tennis Club

Open Table & Tournament Night for Adults 18+

WHEN: EVERY TUESDAY

(except during holidays & TBA days)

WHERE: Kennebunk Town Hall Auditorium

TIMES: 7:00 pm - 9:00 pm

COST: \$3 per night at the door

COORDINATOR: Ryan French

Women's Floor Hockey

Ages 18 & Up (8 weeks)

WHEN: Mondays, January 13 - March 16
(no program 1/20 or 2/17)

WHERE: Kennebunk Elementary School Gym

TIMES: 7:00 pm - 9:00 pm

COST: **SIGN UP AND SAVE!**

8 Weeks: \$40/participant

1 Week: \$10/participant (pay at door)

Goggles, mouth guards & shin guards are advised! Simple sign up and show up. Our volunteer helpers will help get the group into teams, play, and enjoy the game of floor hockey.

Use of a floor hockey stick is included.

Free Morning Social Walks

- REGISTRATION IS CURRENTLY ONGOING -

Ages 18 & Up (7 weeks)

WHEN: Mondays, September 9 - October 28
(no program 10/14)

WHERE: 1 Summer Street, Town Hall Front Steps

TIMES: 9:00 am - 11:00 am

COST: **FREE!**

Let us help you get outside and be active! Meet our walk leader on the front steps of the Town Hall and we'll get walking along one of several local walking routes. This is a perfect opportunity to be active and talk with new or old friends. Our walk leader will help the group decide where to walk and be the first aid person on hand. **Please register for this program ahead of time to help us know how many people we will be having with us.** Come alone or with friends. *Please dress for the weather.*

Teen/Adult Karate

Ages 12 & Up (4 weeks)

WHEN: Tuesday & Wednesday Evenings

Session 1: September 3 - September 25

Session 2: October 1 - October 23

Session 3: October 29 - November 26
(no class 11/5)

Session 4: December 3 - January 8
(no class 12/24 - 1/1)

Session 5: January 14 - February 5

Session 6: February 11 - March 4

Session 7: March 10 - April 1

Session 8: April 7 - April 29

WHERE: Kennebunk Town Hall Auditorium

TIMES: 5:30 pm - 6:30 pm (TUESDAYS)

6:30 pm - 7:30 pm (WEDNESDAYS)

COST: \$30/participant per session

INSTRUCTOR: Skip (Harold Welton)

This program gives participants the opportunity to feel better about themselves, get into better shape & learn techniques to cope with everyday trials through the martial art of TANG SOO DO.

Indoor Adult Flag Football

Ages 18 & Up (6 weeks)

WHEN: Wednesdays,

Session 1: Nov 6 - Dec 18

(no program 11/27)

Session 2: Jan 8 - Feb 12

WHERE: Kennebunk Elementary School Gym

TIMES: 7:00 pm - 9:00 pm

COST: \$30/participant per session

COORDINATOR: Daniel Peacock & Kyle Barrett

Do you have football fever? If so, get out of the house and join us on Wednesday nights for ADULT ONLY flag football! Each week we will split into different teams, and compete in fun and exciting games. This style is designed for players of all experience, and is a great way to get to know new people! You do not have to have a team, or even know anyone else who is playing. Just sign up, show up, and we'll handle the rest! Mouth guards are encouraged, but not mandatory. We will supply the footballs, flags, pylons, and FUN!

Min: 10 Max: 20 per session